

### Practice Policies

- Practice sessions shall be scheduled so as to create a minimum amount of daily conflict with normal family activities, church and study time
- Sub-varsity practices should be kept to a minimum
- Practice sessions should be well planned, well structured, and not exceed the eight hour rule set by UIL
- Coaches/sponsors shall be the first to arrive and the last to leave the practice sessions. At no time are students to practice without supervision.
- All equipment used in practice session shall be returned to its proper storage location at the end of each practice. The practice area must be clean and structured.
- Off-campus practices must have written approval of the principal/superintendent
- Coaches/sponsors who wish to practice on Saturday and holidays must receive written approval from the principal/superintendent
- Practices held on vacation days such as over Thanksgiving or Christmas should be scheduled with family time and commitments taken into consideration
  - No school facilities, personnel or equipment shall be used for athletic purposes for five consecutive days to include December 24-26 (December 22-26, 2018).
- In the event there is a scheduled early dismissal for school, practices may be held with written approval from the principal/superintendent

### Practice Schedule, Guidelines, and Games/Meets

- Not later than the second practice session, the coach/sponsor shall file a written schedule with the principal/superintendent and other programs with possible conflicts
- Schedule shall include all practice days/times, guidelines for the sport/activity, and all the scheduled games/meets

### Extracurricular Activity Conflicts Matrix

Students participating in more than one activity could possibly have conflicts from time to time.

- It is the responsibility of the coach/sponsor to notify other programs and the principal/superintendent when the conflict arises.
- At no time will students suffer consequences for participating in other activities that have a conflict and use the following order to resolve conflicts.
- The following order will be used to resolve conflicts:
  - State/National Events
  - Regional Events
  - Area Events
  - Bi-District Events
  - District Events
  - Non-District Events

- Scrimmages
  - Practices
- In the event that two equal events create a conflict (two state competitions), the student and parent will make the determination unless one event is a team event without possible alternates and would keep the team from competing.
- In the event that two practices create a conflict, the two coaches/sponsors will work out a solution that will be communicated by both programs to the student/participant.
  - If the two coaches/sponsors cannot reach a mutual resolution regarding team practice, then the principal/superintendent shall resolve the practice conflict.

#### Game/Activity/Sport Schedule & School-Related Absences

- Prior to publication and release to the public, the coach/sponsor shall present the proposed game/scrimmage/meet schedule for each sport or activity to principal/superintendent for approval
- Coach/sponsor school related absences anticipated for the games/schedule shall also be communicated to the principal/superintendent at the beginning of the season or activity.